

HEAL CONFERENCE 2024 Middle East North Africa

FAIRMONT BAB AL BAHR

OCTOBER | **HOSTED BY** 12th - 13th **VIATRIS**

TABLE OF CONTENT



FOREWARD

I welcome you to the HEAL Conference 2024, hosted by Viatris. This year, we unite to address the ongoing challenges of chronic diseases in the Middle East, North Africa, and Eurasia with renewed focus.

Despite significant progress, chronic diseases continue to impose substantial economic and health impacts. Our collective innovation and dedication offer a hopeful path forward.

At Viatris, our mission is to bring together diverse stakeholders - from regional leaders to local healthcare providers - to explore and implement cutting - edge solutions. By leveraging new advancements and fostering collaboration, we aim to transform healthcare for those affected by chronic diseases.

The HEAL Conference 2024 features a dynamic agenda, including insightful events, interactive sessions, and collaborative discussions. Our goal is to advance patient care, share effective strategies, and tackle the burdens of chronic diseases. Together, we will work towards a sustainable healthcare system where patients receive top-quality care. and the impact of these diseases is reduced.



FOREWARD

Welcome to the HEAL Conference 2024 in Abu Dhabi, UAE!

This year, we confront the evolving health challenges across the Middle East, where the rising prevalence of communicable and non-communicable diseases (NCDs) continues to strain our healthcare systems. Data shows that NCDs are the leading cause of mortality in our region.

In response, we remain dedicated to advancing patient care through innovative solutions and collaboration. We have made notable progress in disease awareness, prevention, and management over the past year.

HEAL Conference 2024 is focused on addressing these challenges directly. Conference theme, "Standardised Guided Clinical Practice", highlights Viatris's commitment to integrating evidence-based practices and fostering multidisciplinary partnerships.

Our conference offers a comprehensive program of symposia, hands-on workshops, and expert discussions. We aim to provide

healthcare professionals - physicians, pharmacists, nurses, and researchers - with the latest tools and knowledge to improve NCD management and raise care standards across the region.

Thank you for being part of this important mission. Your involvement is crucial to achieving better health outcomes for all.



Medical Director Gulf, Levant, Saudi Arabia, and International Trade Business Viatris





About VIATRIS

Viatris was formed in 2020 through the combination of Mylan and Upjohn, a legacy division of Pfizer. By integrating the strengths of these two companies, we aim to deliver affordable and quality medicines for patient worldwide.

Viatris' highly diverse and differentiated portfolio consist of 1,400 approved molecules including globally recognised iconic brands, generics and complex generics, novel products and adaptive development drug-device combinations, complex injectables across 10+ therapeutic areas, spanning both non-communicable and infectious diseases.

Mission

At Viatris, we see healthcare not as it is but as it should be. We act courageously and are uniquely positioned to be a source of stability in a world of evolving healthcare needs.

Viatris empowers people worldwide to live healthier at every stage of life via:

Access: Providing high-quality trusted medicines regardless of geography or circumstance

Leadership: Advancing sustainable operations and innovative solutions to improve patient health

Partnership: Leveraging our collective expertise to connect people to products and services

STAY CONNECTED

Follow us on one of these channels to stay up-to-date on the latest Viatris news.











Subscribe to Viatris's Listen Well podcast



HEAL Philosophy

It's all about good health, everywhere for everyone!

Viatris believes that health is the single most important thing for any individual and that in every living being there is a power to heal and stay healthy.

Viatris aim to deliver the access to medicine, trusted partner for healthcare communities and provider of innovative solutions to improve patient health. Together we will make the world healthier through Oneness and Care.

HEAL... IS AN EDUCATIONAL CAMPAIGN OF VIATRIS MEDICAL AFFAIRS



Together, fueled by our shared commitment, we will make the world healthier



HEAL FOR CARDIOVASCULAR



HEAL FOR DIABETES MELLITUS



HEAL FOR MENTAL HEALTH



HEAL FOR RESPIRATORY DISEASE



HEAL FOR PAIN



HEAL FOR



Chronic Diseases in MENA & EURASIA Countries

In 2019, 79% of all deaths in the Middle East and North Africa Region were a result of NCDs, which was higher than the world average of 74%.¹



CARDIOVASCULAR DISEASE

The burden of dyslipidaemia (43.3%) in this region is twice as high as that of hypertension (26.2%) and diabetes mellitus (16%).



CANCER⁵

In EMR the prevalence of cancers in both sexes- breast (18.1%), Lung (6%), Colorectum (7.4%), Liver (5.6%).



MENTAL HEALTH

In EMR the highest prevalence of mental disorders is depressive disorders (14.8%) followed by generalized anxiety disorders (10.4%), PTSD (7.2%) & substance use disorders (4%).



MEN'S HEALTH²

The prevalence of ED is 20–90% among patients with different risk factors and medical comorbidities in Arab region countries.



DIABETES⁷

The MENA region has the highest percentage (24.5%) of diabetes-related deaths in people of working age. Diabetes is responsible for 796,000 deaths in 2021.



NEUROLOGY³

In MENA region males aged 15-84 years old had a higher burden of LBP. In 2019, there were 43.2 million prevalent cases of LBP in the MENA region.

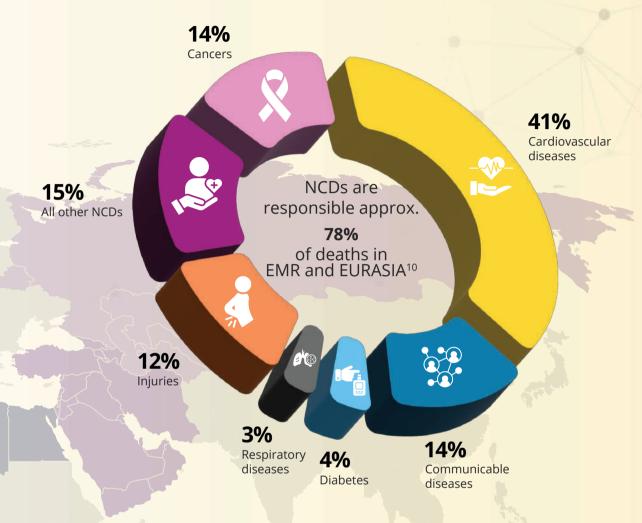


RESPIRATORY DISEASES⁸

At a global level, COPD prevalence in 2020, across both males and females, was estimated to be 10.6%, MENA 9.4%, Europe Central Asia 10.3%.

COPD: Chronic obstructive pulmonary disease, CVD: Cardiovacular disease, ED: Erectile dysfunction, EMR: Eastern Mediterranean Region, LBP: Lower back pain, MENA: Middle East and North Africa, NCD: Non communicable disease, PTSD: Post-traumatic stress disorder, WHO: World Health Organisation

Each year, 17 million people die from a NCD before age 70; 86% of these premature deaths occur in low- and middle-income countries.9



Source: WHO NCD Country Profiles 2018.

Modifiable behavioral risk factors 11,12

















Standardised Guided Clinical Practice

Standardised guided clinical practice uses clinical practice guidelines to provide consistent, evidence-based care across healthcare settings, aiming to reduce treatment variability, enhance patient safety, and ensure high-quality care through peer-reviewed protocols.



However, its implementation faces challenges: healthcare providers often resist adopting standardised guided clinical practice due to a reliance on personal judgment, especially in complex cases. Integrating these guidelines into diverse electronic medical records and clinical workflows can be resource-intensive and disruptive.

Additionally, keeping guidelines updated with rapid medical advancements is difficult, risking the use of outdated practices, while rigid adherence to standardised guided clinical practice may limit flexibility needed for individualised care.^{1,2}



Current solutions include using clinical decision support systems within electronic medical records to provide real-time, personalised recommendations, involving clinicians in guideline development to increase acceptance, and promoting adaptive expertise through continuous education and case-based learning to balance guidelines with individualised patient care. 1,2,3

1. Freitas de Mello, N., Nascimento Silva, S., Gomes, D.F. et al. Models and frameworks for assessing the implementation of clinical practice guidelines: a systematic review. Implementation Sci 19, 59 (2024). https://doi.org/10.1186/s13012-024-01389-1). 2. Fischer F. Lange K, Klose K, Greiner W, Kraemer A. Barriers and Strategies in Guideline Implementation-A Scopine Weisew. Healthcare (Basel). 2016. Jun 294(3):36. doi: 10.3390/healthcare4030036. PMID: 27417624; PMCID: PMC5041037. 3. Knudsen, L.R., Lomborg, K., Hauge, EM. et al. Facilitators and challenges of implementing a digital patient education programme for rheumatoid arthritis into clinical practice. BMC Health Serv Res 24, 1104 (2024). https://doi.org/10.1186/s12913-024-11597-6)

HEAL Conference 2024 Events

The HEAL Conference 2024 offers healthcare professionals a chance to engage in transformative discussions on the theme of Standardised Guided Clinical Practice.

Attendees, including physicians, researchers, and policymakers, will benefit from networking with key opinion leaders and experts from the MENA and Eurasia regions.

The conference hosts over 30 scientific events including keynotes, symposia, fireside chats, masterclasses, and focus group sessions.

The HEAL Conference 2024 will delve into the multifaceted challenges encountered in daily clinical practice, addressing a range therapeutic areas:



Also, the HEAL Exhibition Avenue showcases advancements in healthcare, research development and medical technologies shaping the future of clinical practice.

Attendees

Physicians, Pharmacists, Nurses, Researchers, Medical & Pharmacy Students, Representatives of Medical Societies & Relevant Industry Partners

Register to attend

Online



Onsite

At conference location





CALENDAR

HEAL is a multidisciplinary educational campaign bringing together healthcare professionals and expert from MENA and Eurasia region. This scientific conference will explore the implications of different diseases from prevention to diagnosis, clinical decision making under the theme of standardised guided clinical practice.

| FRIDAY 11 TH OCTO | BER | SA | ATURDAY 1 | 2тн ОСТОВІ | ER | 9 | SUNDAY 13 | Втн ОСТОВЕ | R |
|---|-------------------------|-----------------------------|---|---|---|-------------------------------------|------------------------------------|--|---|
| (Exclusive Invitation) (Exclusive Invitation) | Plen | nary | Breakthrough 09.00 - 11.00 Ba | Keynote Session | | Symposium Hypertension Ground Round | Symposium Pain Enlightening Round | | |
| 9:30 - 11:30 9: | :30 -11:30 Baniyas B | | | Poster Presentation 1* | | 09:30–11:30 Ballroom C | 09:00–11:30 Ballroom B | | |
| (Exclusive Invitation) 09:30-12:30 Yas Room | Sym | Psychiatry Talks | Think Men's Health Forum | 11:15-11:30 Exhibition Avenue | (Exclusive Invitation) | Symposium | Symposium | Poster Presentation 5* 11:15-12:00 Exhibition Avenue | Research Training by New York University |
| | | 11:30–13:30 Ballroom A | 11:30–13:30 Ballroom B | | 11:30–13:00 Sir Baniyas | Lipid Symposium | Dermatologists Fireside Chat | (Exclusive Invitation) 12:00–13:30 Yas Room | Abu Dhabi (NYUAD) |
| | | | | Poster Presentation 2* 13.30-13:45 Exhibition Avenue | (Exclusive Invitation) | 12:00–14:00 Ballroom C | 12:00–14:00 Ballroom B | | |
| | | Lur | ich | | 13:30–14:30 Sir Baniyas | | | Empowering Tomorrow: Next-Gen Med-Ed 14:00-14:15 | |
| | | | | Poster Presentation 3* 14.30-14:45 Exhibition Avenue | | Lun | ch | Exhibition Avenue | |
| | | Psychiatry Fireside Chat | Allergy Summit | | (Exclusive Invitation) 15:30–16:00 Sir Baniyas | | | | |
| (Exclusive Invitation) (Exclusive Invitation) 14:30–16:30 14:30–16:30 | | | | | | | | | (Exclusive Invitation |
| Yas Room Sir Baniyas A | | 15:00–17:00 Ballroom C | 15:00–17:00 Saqr Ballroom B | Empowering Tomorrow: Next-Gen Med-Ed 05:00-05:15 Exhibition Avenue | | | | 14:30–16:30 Yas Room | 09:00-17:00 Al Reen |
| (Exclusive Invitation) 17:00–19:00 (Exclusive Invitation) | sive Invitation) | | | | | | | (Exclusive Invitation) 17:00–19:00 Yas Room | |
| Sir Baniyas A | 5:00–19:30 Baniyas B | | CEA : Co | ost Effectiveness Analysis, MOU: | (Exclusive Invitation) 17:30–19:30 Yas Room Memorandum of Understandi | ing, ABM: Advisory Board Mee | | Timezone: UAE Stan iled agendas refer to following | |

Conference Highlights

The HEAL Conference 2024 represents a unique opportunity for Viatris Medical Affairs to lead and engage in discussions that shape the future of medical practices and patient care.



Expert Keynotes



Diverse Therapeutic Focus



Specialized Symposia



Fireside Chats



Exhibition Avenue



Research Talks



Networking Opportunities



Continuing Medical Education (CME)

60⁺ Faculty Experts **15** Focus Group Events

9 Symposia Events **7** Research Events

Explore key areas



Allergy



Cardiovascular Diseases



Dermatology



Neurology



Psychiatry



Urology







SCIENTIFIC EVENT

Innovating for Tomorrow: Crafting the Future of Patient Care, System **Resilience and Healthcare Innovation**

Distinguished keynote panelists will elaborate on critical aspects of advancing healthcare: Innovative strategies and solutions to build resilient healthcare systems and improve patient outcomes through research-driven practices, digitalization, and cutting-edge infrastructure.

Target Specialties

All Specialists, Allied Health Professionals, Emergency Care Providers, Health Economists, Nurses, Pharmacists, Primary Care Providers, Public Health Providers, Researchers, Therapists, and Industry Partners



12 October 2024

Time

09:00AM - 11:00AM



Saqr Ballroom B & C



Fairmont Bab Al Bahr Abu Dhabi, UAE





09:00 am Step Up

Dr. Adnan Levent Regional Medical Lead Middle East North Africa and Eurasia, Viatris



09:05 am Opening and Welcoming Notes

Dr. Lobna Salem Chief Medical Officer, Viatris



09:20 am Honorary Keynote Message

Professor Arlie Petters

Provost, New York University in Abu Dhabi, UAE



Breakthrough Keynote Session

The Future of Sustainable Regional Healthcare Ecosystem and Transformation of Non-communicable Disease Care:

Experts will share insights about expanding access through Integrated physical, digital infrastructure, and evidence-based pathways for improving chronic disease management.



Dr. Abdishakur Abdulle

Associate Director, Senior Research Scientist Public Health Research Center, New York University Abu Dhabi, UAE



Dr. Mathew Wiggins

Head of Digital Health Development Samsung Research America, Samsung, USA



Dr. Nahida Nayaz Ahmed

Chief Medical Officer Sakina Mental Health & Wellness Services Abu Dhabi, UAE



Avman Mokhtar

Regional President Middle East North Africa & Eurasia, Viatris



Dr. Youssef Idaghdour MSc PhD

Associate Professor of Biology and Director of the Public Health Research Center at NYU AD, UAE. Global Network Associate Professor of Biology, Faculty of Arts and Science, NYU US.



Dr. Sara Al Dallal

President Emirates Health Economics Society and Senior Health Service Specialist, Dubai Health Authority, UAE



Dr. Tawfik Al Bassam

Deputy Chairman Saudi Hypertension Management Society and Consultant of Internal Medicine, Clinical Hypertension Specialist, Saudi Arabia



Dr. Shekhar Potkar

Chief Medical Officer Japan Australia New Zealand & Emerging Markets, Viatris



Dr. Salman Rizvi Moderator

Regional Head of Medical Affairs for Medical Education & Digital Implementation, Japan Australia New Zealand & Emerging Markets, Viatris



Dr. Barrett Jeffers Moderator

Regional Head of Medical Affairs for Portfolio Management, Japan Australia New Zealand & Emerging Markets, Viatris

11:00 Adjourn

CEO: Chief Executive Officer; CMO: Chief Medical Officer; NYU AD: New York University Abu Dhabi OBE: Order of British Empire Award; UAE: United Arab Emirates; UK: United Kingdom; USA: United States Of America





CME: Three Hours (applied) Viatris Hosted Conference For Healthcare Professionals Only UAE Standard Time (UTC + 4 HRS)



Atlas Business Center, 6th Floor, Al Falak Street Dubai Media City, PO Box 502049, Dubai, United Arab Emirates, Tel. 971.4.512.1500







Psychiatry Talks

Optimizing Mental Health: Navigating Depression and Anxiety Management in the Digital Era for Enhanced Patient Outcomes

These talks will provide a chance to exchange knowledge, gain skills, and learn best practices for managing depression and anxiety disorders in the digital era, while addressing challenges and exploring effective solutions to enhance patient outcomes and optimize mental health in our community.

Target Specialties

Psychiatrists, Neurologists, Psychologists, Family Medicine, Internal Medicine, Allied Health Professionals, Health Economists, Nurses, Pharmacists, Primary Care Providers, Public Health Providers, Researchers,



Time



Sagr Ballroom C



Fairmont Bab Al Bahr Abu Dhabi UAF





12 October 2024

Driving Collaborative Excellence in Outcomes: Featuring Multidisciplinary Standards in Clinical

Practice

Dr. Pradeep Purushottamahanti

Global Medical Affairs Lead Psychiatry, Viatris



11:40

11:30

Mental Health Matters: The Growing Importance of Addressing Mental Health in Primary Care

Dr. Nahida Nayaz Ahmed

Chief Medical Officer Sakina Mental Health & Wellbeing Services, Abu Dhabi, UAE



12:00

Exploring Treatment Approaches for Depression: Understanding the Basics and

Beyond

Dr. Shuja Reagu

Senior Consultant Forensic Psychiatry and Clinical Director for Mental Health Services for the State of Qatar, Doha, Qatar



12:20

Understanding Generalized Anxiety Disorder: Effective Monitoring and Long-Term

Management

Dr. Ali Al Garatli

Consultant of Psychiatry and Section Head of Psychiatry Department at King Fahd Medical City, Riyadh, Saudi Arabia



12:40

The Dual Challenge: How Comorbidities Complicate the Diagnosis and Treatment of

Depression and Anxiety

Dr. Joseph El Khoury

Consultant of Adult and Addiction Psychiatry, CEO & Medical Director of The Valens Clinic, Dubai, UAE



01:00

Panel Discussion + Q&A

01:30

Adjourn

Q&A: Questions and Answers; UAE: United Arab Emirates

SCAN TO ACCESS



CME: Three Hours (applied) Viatris Hosted Conference For Healthcare Professionals Only UAE Standard Time (UTC + 4 HRŚ)









Think Men's Health Forum

Beyond the Stigma: Addressing the Multifactorial Causes of Erectile Dysfunction, Cardiovascular Health, and Mental Well-Being

This eye-opening forum will delve into the complexities of erectile dysfunction (ED), a condition often shrouded in stigma yet crucial for understanding men's health. It is expected to explore the multifactorial causes of ED, including its comorbid links to cardiovascular health, mental well-being, and lifestyle factors.

Target Specialties

Urologists, Sexologists, Psychiatrists, Neurologists, Psychologists, Family Medicine, Internal Medicine, Allied Health Professionals, Health Economists, Nurses, Pharmacists, Primary Care Providers, Public Health Providers, Researchers, and Therapists



11:30

11:35

11:50

12:05

12:20

12:30

12:45

01:00

01:30





Location



Fairmont Bab Al Bahr Sagr Ballroom B Abu Dhabi, UAE







Driving Collaborative Excellence in Outcomes: Featuring Multidisciplinary Standards in Clinical

Practice

Canary in the Coalmine: A Foundational Overview of Erectile Dysfunction for Clinicians

Practical Considerations for PDE5i Selection

Optimizing Outcomes: Guidelines Based

Erectile Dysfunction and Mental Health: Bridging

the Gap Between Psychiatric Care and Effective **ED Treatment**

The Future of Patient-Centered Care: Guided

Clinical Practice and Solutions

Cardiovascular Well-Being and ED: Approaches to Manage Comorbid Conditions Effectively

Unlocking the Economics of Men's Health: The Hidden Costs & Impact of Erectile Dysfunction

Understanding Drug-Drug Interactions in PDE5i Therapy: Essential Counseling for ED Patients

01:15 Panel Discussion + Q&A

Dr. Mahmoud Bakir

Medical Affair Lead, Saudi Arabia.

Dr. Abdulqader Al Zarooni

Consultant of Urology, Head & Chief of Surgical Unit at Sheikh Khalifa General Hospital, Umm Al Quwain, UAE President of Emirates Urological Society

Professor John Mulhall

Director, Male Sexual & Reproductive Medicine Urology Service, Department of Surgery Memorial Sloan Kettering Cancer Center, New York, USA

Dr. Joseph El Khoury

Consultant of Adult and Addiction Psychiatry, CEO & Medical Director of The Valens Clinic, Dubai, UAE

Dr. Ashish Bajaj

Regional Medical Affairs Lead Neurology Emerging Markets, Viatris

Dr. Hussein Heshmat

Consultant of Interventional Cardiology, Al Tadawi Specialty Hospital, Dubai, UAE

Dr. Sara Al Dallal

President Emirates Health Economics Society & Senior Health Services Specialist, Dubai Health Authority, Dubai, UAE

Dr. Saeed Abdulla Hussein

Dubai, UAE & Scientific Chairman of Emirates Pharmacy Society

Head of Pharmacy, Erada Center for Treatment and Rehabilitation.

Adjourn

Q&A: Questions and Answers; UAE: United Arab Emirates; USA: United States of America

SCAN TO ACCESS



CME: Three Hours (applied) Viatris Hosted Conference For Healthcare Professionals Only UAE Standard Time (UTC + 4 HRS)



Viatris Middle East FZ-LLC Atlas Business Center, 6th Floor, Al Falak Street Dubai Media City. PO Box 502049, Dubai, United Arab Emirates, Tel. 971.4.512.1500















Psychiatry Fireside Chats

Addressing Complexities: Debating Depression's Impact, Treatment Challenges, and the Path to Full Recovery

These fireside chats will debate the impact of depression on special populations, challenges in treating these conditions, the role of polypharmacy in managing mental health, and the importance of addressing residual symptoms for full functional recovery.

Target Specialties

Psychiatrists, Neurologists, Psychologists, Family Medicine, Internal Medicine, Allied Health Professionals, Health Economists, Nurses, Pharmacists, Primary Care Providers, Public Health Providers, Researchers, and Therapists.



Date 12 October 2024



3:00PM - 05:00PM



Sagr Ballroom C



Fairmont Bab Al Bahr Abu Dhabi, UAE





The Future of Patient-Centered Care: Guided 03:00 Clinical Practice and Solutions

Dr. Adnan Levent Regional Medical Lead Middle East North Africa and Eurasia,

Viatris

03:20

Depression and Cardiovascular Health: Lessons from Complex Case Study

Professor Nahla Nagy

Consultant of Psychiatry Ain Shams University, Director of Okasha Institute, Cairo, Egypt



03:40

Adolescent Depression: Navigating the Management Complexities Beyond the Classroom in the Age of Social Media

Dr. Shuja Reagu

Senior Consultant Forensic Psychiatry and Clinical Director for Mental Health Services for the State of Qatar, Doha, Qatar



04:00

Polypharmacy and Lifestyle Interventions: Balancing Treatment in Major Depressive Disorder Cases with Comorbidities

Dr. Ali Al Garatli

Consultant of Psychiatry and Section Head of Psychiatry Department at King Fahd Medical City, Riyadh, Saudi Arabia



04:20

Addressing Residual Symptoms: Essential Strategies for Maintaining Long-Term Depression Care and Mental Health

Dr. Joseph El Khoury

Consultant of Adult and Addiction Psychiatry, CEO & Medical Director of The Valens Clinic, Dubai, UAE



04:40

Panel Discussion + Q&A

05:00

Adjourn

Q&A: Questions and Answers; **UAE:** United Arab Emirates

SCAN TO ACCESS



CME: Three Hours (applied) Viatris Hosted Conference For Healthcare Professionals Only UAE Standard Time (UTC + 4 HRS)



Viatris Middle East FZ-LLC Atlas Business Center, 6th Floor, Al Falak Street Dubai Media City, PO Box 502049, Dubai, United Arab Emirates, Tel. 971.4.512.1500







Allergy and Anaphylaxis Summit

The Relationship Between Allergic Rhinitis and Asthma: Understanding **Intersection Mechanisms and Optimizing Clinical Management**

This summit will explore the relationship between Allergic Rhinitis (AR) and Asthma, highlighting how their interconnectedness can enhance clinical management. Gain insights into the latest advances in diagnostic strategies for AR and engage with experts to learn innovative approaches for optimizing patient care.

Target Specialties

Urologists, Sexologists, Psychiatrists, Neurologists, Psychologists, Family Medicine, Internal Medicine, Allied Health Professionals, Health Economists, Nurses, Pharmacists, Primary Care Providers, Public Health Providers, Researchers, and Therapists.



03:05

03:20

04:05

04:20

04:35



Saturday, 12 October 2024



03:00PM - 05:00PM Saqr Ballroom B





Fairmont Bab Al Bahr Abu Dhabi, UAE





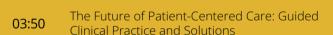
| 03:00 | Driving Collaborative Excellence in Outcomes: Featuring Multidisciplinary Standards in Clinical Practice |
|-------|--|
|-------|--|

The Impact of Allergic Rhinitis in the Region:

Insights into Pathophysiology, Data, and Socioeconomic Challenges









Anaphylaxis Essentials: Recognizing Symptoms, and Implementing Immediate Treatment for Lifesaving Care

Dr. Osman Zubaidi

Senior Medical Affairs Manager Gulf and Levant,

Dr. Bassam Mahboub

Consultant of Pulmonology & Head of Pulmonary Medicine, Rashid Hospital, Dubai, UAE

Dr. Hatem Mosaad Hassan

Consultant & Head of Otolaryngology, Head & Neck Surgery, International Medical Center, Jeddah, Saudi Arabia

Dr. Eslam ElBaroudy

Consultant Pediatrician at Sheikh Khalifa Medical City, AbuDhabi, UAE

Head of Arab Academy of Paediatrics

Dr. Mahmoud Bakir

Medical Affair Lead Saudi Arabia, Viatris

Dr. Saeed Abdulla Hussein

Head of Pharmacy, Erada Center for Treatment and Rehabilitation, Dubai, UAE & Scientific Chairman of Emirates Pharmacy Society

Professor Mohamed Abuzakouk

Consultant & Division Chair of Allergy and Clinical Immunology, Cleveland Clinic, Abu Dhabi, UAE



Panel Discussion + Q&A

05:00 Adjourn

Q&A: Questions and Answers; UAE: United Arab Emirates





CME: Three Hours (applied) Viatris Hosted Conference For Healthcare Professionals Only UAE Standard Time (UTC + 4 HRS)







SCIENTIFIC EVENT

Hypertension Grand Round

Navigating the Impact and Challenges of Hypertension: Evidence-Based Insights for Clinicians and Cardiologists Throughout the Disease Journey

This grand round aims to present innovative techniques for the early diagnosis of hypertension. optimize guided treatment options and modalities, and address the implications of blood pressure variability to improve overall cardiovascular outcomes and patient care.

Target Specialties

Cardiologists, Cardiac Surgeons, Emergency Care Providers, Family Medicine, Internal Medicine, Allied Health Professionals, Health Economists, Nurses, Pharmacists, Primary Care Providers, Public Health Providers, Researchers, and Therapists.



Time Sunday,

9.30AM- 11.30AM

Venue

Sagr Ballroom C

Location

Fairmont Bab Al Bahr Abu Dhabi, UAE





13 October 2024

Driving Collaborative Excellence in Outcomes: Featuring Multidisciplinary Standards in Clinical

Practice

Dr. Salam Abu Zeid

Medical Affairs Manager, Gulf and Levant, Viatris



09:40

09:30

Advancements in Early Detection: Novel Techniques and Approaches for More Effective Hypertension Screening and Diagnosis

Dr. Samer Ellahham Senior Consultant of Cardiology,

Abu Dhabi, UAE



10:00

Advancing Monotherapy Strategies for Effective and Sustainable Hypertension Management

Dr. Omar Hallak

Consultant of Interventional Cardiology, King's College Hospital London & Clinical Professor at Mohammad Bin Rashid University, Dubai, UAE



10:20

Exploring Blood Pressure Variability: Its Implications for Hypertension Control and Cardiovascular Risk Assessment

Dr. Hussain Heshmat

Consultant of Interventional Cardiology, Al Tadawi Specialty Hospital, Dubai, UAE



10:40

Transforming the Patient Journey: Advancing Access and Adherence to Elevate Guided Standards of Care

Dr. Barrett Jeffers

Regional Head of Medical Affairs for Portfolio Management, Japan Australia New Zealand & Emerging Markets, Viatris



10:55

Hypertension and Angina: Investigating their Interconnections and Stratifying Control Strategies for Hypertension

Professor Ihab Attia

Professor of Cardiology, Ain Shams University, Cairo, Egypt



11:15

Panel Discussion + Q&A

11:30

Adjourn

Q&A: Questions and Answers; **UAE:** United Arab Emirates

SCAN TO ACCESS



CME: Three Hours (applied) Viatris Hosted Conference For Healthcare Professionals Only UAE Standard Time (UTC + 4 HRS)



Viatris Middle East FZ-LLC Atlas Business Center, 6th Floor, Al Falak Street Dubai Media City, PO Box 502049, Dubai, United Arab Emirates, Tel. 971.4.512.1500







Pain Enlightening Round

Precision in Pain Care: Diagnostic Accuracy and Emerging Treatments for **Optimal Patient Outcomes**

This enlightening session will provide the latest advancements and strategies in pain management. It will also explore accurate diagnostic methods, the current landscape of existing treatment approaches, and emerging data. The overall goal is to enhance clinical outcomes through updated treatment protocols, interdisciplinary collaboration, and patient-centered care.

Target Specialties

Pain Specialists, Anaesthesiologists, Diabetologists, Endocrinologists, Neurologists, Family Medicine, Internal Medicine, Allied Health Professionals, Health Economists, Nurses, Pharmacists, Primary Care Providers, Public Health Providers, Researchers, and Therapists.







Sagr Ballrooms B



Fairmont Bab Al Bahr Abu Dhabi, UAE





| | Driv |
|------|------|
| 9:00 | Fea |
| 2.00 | ı ca |

9:10

9:30

9:50

10:10

10:30

10:50

11:30

13 October 2024

| Driving Collaborative Excellence in Outcomes: |
|---|
| Featuring Multidisciplinary Standards in Clinical |
| Practice |

Evolving Pain Management: Integrating Classic Approaches with New Insights for Long-Term

Effective Management

Tackling Osteoarthritis: Comprehensive Strategies for Pain Management and **Progression Mitigation**

Case Study on Current Strategies in Chronic Low Back Pain Management: From Acute Intervention

to Long-Term Care

The Future of Patient-Centered Care: Guided Clinical Practice and Solutions

Precision in Painful Diabetes Peripheral Neuropathy: Bridging Gaps in Diagnosis and Management Strategies

Psychological and Psychiatric Impact of Chronic Pain: Insights and Interventions from a Mental Health Perspective

11:10 Panel Discussion + Q&A

Dr. Amina Cherchali

Senior Medical Affairs Manager Gulf and Levant, Viatris

Dr. Amar Salti

Consultant of Anaesthesia & Pain Medicine Cleveland Clinic, Abu Dhabi, UAE

Professor Andrey Karateev

Head of the Department of Inflammatory Joint Diseases, Head of the Laboratory of Pain Pathophysiology and Clinical Polymorphism of Rheumatic Diseases V.A. Nasonova Research Institute of Rheumatology, Russia

Dr. Amar Salti

Consultant of Anaesthesia & Pain Medicine Cleveland Clinic, Abu Dhabi, UAE

Dr. Ashish Bajaj

Regional Medical Affairs Lead Neurology Emerging Markets,

Dr. Ossama Barakat

Consultant in Diabetes and Endocrinology, Clemenceau Medical Center Dubai & Burjeel Al Reem, Abu Dhabi, UAE

Dr. Shuja Reagu

Senior Consultant Forensic Psychiatry and Clinical Director for

Mental Health Services for the State of Qatar, Doha, Qatar

Adjourn

Q&A: Questions and Answers; **UAE:** United Arab Emirates

SCAN TO ACCESS



CME: Three Hours (applied) Viatris Hosted Conference For Healthcare Professionals Only UAE Standard Time (UTC + 4 HRS)









Lipidology Symposium

Personalizing Care: Optimizing Statin Dosing, Guideline Recommendations for Dyslipidemia, and Standards of Care in Diabetes Management - An In-Depth Huddle on Advancing Patient Outcomes

This symposium provides an in-depth examination of the optimal dosing of statins tailored to individual patient needs, explores guideline recommendations for effective dyslipidemia treatment, evaluates the latest standards of care for managing diabetic patients, and addresses a range of other relevant topics in the field.

Target Specialties

Cardiologists, Cardiac Surgeons, Emergency Care Providers, Family Medicine, Internal Medicine, Allied Health Professionals, Health Economists, Nurses, Pharmacists, Primary Care Providers, Public Health Providers, Researchers, and Therapists.



(\) Time

12:00PM - 02:00PM

ម៉ែ្ឌិ Venue

Sagr Ballroom C

Location

Fairmont Bab Al Bahr Abu Dhabi, UAE





13 October 2024

The Interrelationship and Accumulation of

12:00 Cardiometabolic Risk Factors Amongst Young

Adults in the United Arab Emirates: The UAEHFS

Dr. Fatima Mezhal

Post-Doctoral Research Associate, Public Health Research Center, New York University Abu Dhabi, Abu Dhabi, UAE



12:20

Bespoke Statin Therapy for Dyslipidemia: Personalizing Treatment Plans for Effective Management

Dr. Samer Ellahham

Senior Consultant of Cardiology, Abu Dhabi, UAE



12:40

Pitfalls in Treatment Compliance: Addressing and Overcoming Challenges in Long-Term Statin Therapy Management

Professor Igor Sergienko

Head of Atherosclerosis Phenotype Department Chazov National Medical Research Center of Cardiology Director of Russian National Society of Atherosclerosis, Russia



01:00

Managing Dyslipidemia in Diabetic Patients: Integrating Statin Therapy with Glycemic Control for Improved Outcomes Dr. Ossama Barakat

Consultant in Diabetes and Endocrinology, Clemenceau Medical Center Dubai & Burjeel Al Reem, Abu Dhabi, UAE



01:20

High-Risk Cardiovascular Patients: Are High-Dose Statins the Best Practice?

Dr. Rafid Al-Taweel

Associate Professor of Cardiology & Internal Medicine Al-Nahrain University, College of Medicine, Baghdad, Iraq



01:40

02:00

Panel Discussion + Q&A

Adjourn

Q&A: Questions and Answers; UAE: United Arab Emirates; UAE: United Arab Emirates; UAEHFS: United Arab Emirates Healthy Future Study

SCAN TO ACCESS











Dermatologists Fireside Chat

Advancing Atopic Dermatitis Care: Evidence-Based Management Across All **Ages with Al-Enhanced Screening Insights**

This fireside chat will provide the latest developments in the diagnosis and management of Atopic Dermatitis, focusing on best practices in evidence-based management for infants, adolescents, and adults. It will include interactive case studies and the topics on intervention of artificial intelligence (AI) for screening.

Target Specialties

Dermatologists, Allergists, Immunologists, Family Medicine, Internal Medicine, Allied Health Professionals, Health Economists, Nurses, Pharmacists, Primary Care Providers, Public Health Providers, Researchers, and Therapists.



12:05

01:35

01:50

02:00

Sunday, 13 October 2024



12:00PM - 02:00PM Saqr Ballroom B



Fairmont Bab Al Bahr Abu Dhabi, UAE

es:

nical





| Practice |
|----------|
|----------|

Atopic Dermatitis: Topical Management Strategies and Best Practices



Atopic Dermatitis Management: Mechanism of 12:35 Actions and Clinical Efficacy Explained

The Future of Patient-Centered Care: Guided 12:50 Clinical Practice and Solutions

Exploring Safety & Tolerability in Tropical 01:05 Dermatology: Insights from Patient Case Presentations

Early Intervention in Atopic Dermatitis: Case 01:20 Studies and Discussions

Managing Atopic Dermatitis Over Time: Clinical

Case Presentations and Analysis

Panel Discussion + Q&A

Dr. Osman Zubaidi Senior Medical Affairs Manager Gulf and Levant, Viatris

Dr. Ashraf Reda

Consultant of Dermatology, Mediclinic Welcare Hospital Adjunct Clinical Associate Professor of Dermatology, Mohamed Bin Rashed University, College of Medicine, Dubai, UAE

Dr. Eslam ElBaroudy

Consultant Pediatrician at Sheikh Khalifa Medical City, AbuDhabi, UAF Head of Arab Academy of Paediatrics

Professor Olga Tamrazova

Professor, The Patrice Lumumba Peoples' Friendship University of Russia, Department of Dermatology, Russia

Dr. Salman Rizvi

Regional Head of Medical Affairs for Medical Education & Digital Implementation, Japan Australia New Zealand & Emerging Markets, Viatris

Professor Olga Tamrazova

Professor, The Patrice Lumumba Peoples' Friendship University of Russia, Department of Dermatology, Russia

Dr. Eslam ElBaroudy

Consultant Pediatrician at Sheikh Khalifa Medical City, AbuDhabi, UAE Head of Arab Academy of Paediatrics

Dr. Ashraf Reda

Adjourn

Consultant of Dermatology, Mediclinic Welcare Hospital Adjunct Clinical Associate Professor of Dermatology, Mohamed Bin Rashed University, College of Medicine, Dubai, UAE



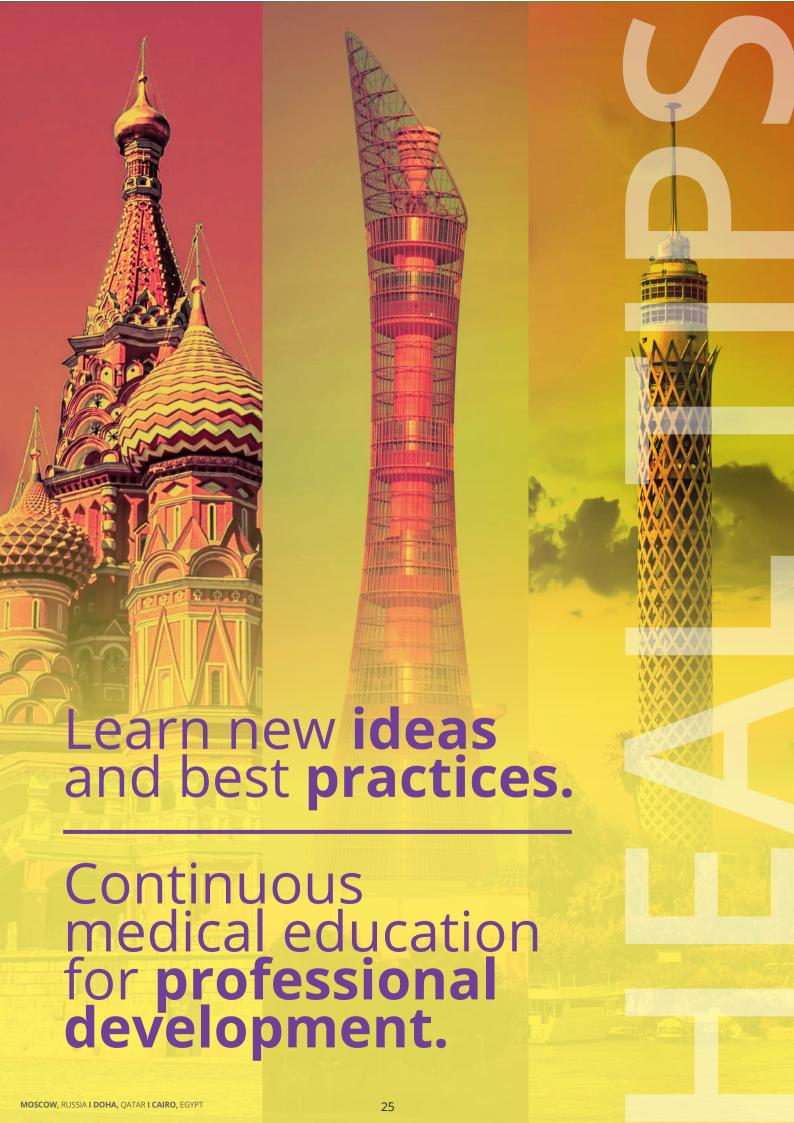


SCAN TO ACCESS













Answering Unmet Clinical & Scientific Needs

In the dynamic realm of medicine, the quest for knowledge and understanding of therapeutic gaps is essential for driving advancements in patient care. Research Talks exemplify this pursuit.

During the HEAL Conference 2024, Research Talks will feature regional data published in peer-reviewed journals. These contributions, resulting from the efforts of numerous national and regional experts, aim to be both insightful and actionable. The exhibit's goal is to facilitate a deeper understanding of complex scientific data through accessible and concise research summaries.

Highlights of the Research Talks Exhibition

The exhibition includes over 25 publications spanning multiple therapeutic areas, such as Cardiovascular Diseases, Psychiatric Disorders, Men's Health, and Neurology (Pain). This reflects the diverse range of research supported by Viatris. More than 60 authors from 15 countries in the region contributed to these works.

At the HEAL Conference 2024, Research Talks presents these publications through posters, and selected strategic publications will be presented by their respective lead authors. We encourage you to visit the Research Talks exhibition and join the poster presentations according to the following schedule:



Oral Poster Presentations

12 October 11:15 am Research Talks **Exhibition Area** Improving Mental Health Outcomes in Patients with Major Depressive Disorder in the Gulf States: A Review of the Role of Electronic Enablers in Monitoring Residual Symptoms. Journal of Multidisciplinary Healthcare



Dr. Nahida Nayaz Ahmed Chief Medical Officer Sakina Mental Health & Wellbeing Services, Abu Dhabi, UAE



12 October 01:30 pm Research Talks **Exhibition Area** Phosphodiesterase Type 5 Inhibitors as Treatment for Erectile Dysfunction: A Webinar-Based Poll Unveiling Perceptions of Healthcare Professionals. Journal of Comparative Effectiveness Research



Dr. Maher S. Moazin Consultant of Urology & Andrology King Fahad Medical City, Riyadh, Saudi Arabia



12 October 02:30 pm Research Talks **Exhibition Area**

The UAE healthy future study: A pilot for a prospective cohort study of 20,000 United Arab Emirates nationals. **BMC Public Health**



Dr. Abdishakur Abdulle

Associate Director, Senior Research Scientist Public Health Research Center New York University Abu Dhabi, UAE



12 October 05:00 pm Research Talks **Exhibition Area**

Empowering Tomorrow: Next-Gen Med-Ed



Access to Paper

Dr. Vijay Talla Regional Lead of Medical Education Japan Australia New Zealand &

Emerging Markets, Viatris



11:45 am Research Talks **Exhibition Area**

13 October

Understanding the Management of Hypertension and Dyslipidaemia in UAE Population: An Evidence Based Mapping of Literature. Saudi J Med



Access to Paper

Dr. Samer Ellahham Senior Consultant of Cardiology, Abu Dhabi, UAE



13 October 02:00 pm

Research Talks **Exhibition Area**

Empowering Tomorrow: Next-Gen Med-Ed



Dr. Vijay Talla

Regional Lead of Medical Education Japan Australia New Zealand & Emerging Markets, Viatris



SCAN TO ACCESS



Viatris Hosted Conference For Healthcare Professionals Only UAF Standard Time (UTC + 4 HRS)



Viatris Middle East FZ-LLC Atlas Business Center, 6th Floor, Al Falak Street Dubai Media City, PO Box 502049, Dubai, United Arab Emirates, Tel. 971.4.512.1500





Visit Exhibition Avenue for Posters

| Cardiova | scular Diseases | |
|-----------|--|---|
| P01 | Understanding the Management of Hypertension and Dyslipidaemia in UAE Population: An Evidence-based Mapping of Literature. Saudi Journal of Medicine | Samer Ellahham, Wael Almahmeed, Lina Yassine, Kanwal Saeed |
| P02 | A semi-systematic review on hypertension and dyslipidemia care in Egypt-highlighting evidence gaps and recommendations for better patient outcomes. Journal of the Egyptian Public Health Association | Reda A, Ragy H, Saeed K, Alhussaini MA. |
| P03 | Changes in Cardiovascular Risk Factors in Residents of the Siberian Region. Rational Pharmacotherapy in Cardiology | Artamonova G.V., Maksimov S.A., Tsygankova D.P., Bazdyrev E.D., Indukaeva E.V., Mulerova T.A., Shapovalova E.B., Agienko A.S., Nakhratova O.V., Barbarash O.L. |
| P04 | Patient journey for hypertension and dyslipidemia in Saudi Arabia: highlighting the evidence gaps. Archives of Public Health | Amir A, Alasnag M, Al-Raddadi R, Al-Bassam T, Saeed K, Yazıcıoğlu M, Shabana A. |
| P05 | Increases in statin eligibility to reduce cardiovascular risk according to the 2013 ACC/AHA cholesterol guidelines in the AfME region: a sub-analysis of the AfME CV Epidemiological (ACE) study. BMC Cardiovascular Journal | Hamoui O, Omar MI, Raal FJ, Rashed W, Kane A, Alami M, Abreu P, Mashhoud W, Alsheikh-Ali AA. |
| Dermata | logy | |
| P06 | A practical algorithm for topical treatment of atopic dermatitis in the Middle East emphasizing the importance of sensitive skin areas. Journal of Dermatological Treatment | Reda AM, Elgendi A, Ebraheem AI, Aldraibi MS, Qari MS, Abdulghani MMR, Luger T. |
| P07 | A practical algorithm to inform clinical decision making in the topical treatment of atopic dermatitis. Journal of Dermatology | Luger T, Adaskevich U, Anfilova M, Dou X, Murashkin NN, Namazova-Baranova L, Nitochko O, Reda A, Svyatenko TV, Tamay Z, Tawara M, Vishneva EA, Vozianova S, Wang H, Zhao Z. |
| Neurolog | gy (Pain) | Georgios Ponirakis, Tarik Elhadd, Subitha Chinnaiyan, Zeinab Dabbous, |
| P08 | Prevalence and risk factors for painful diabetic neuropathy in secondary healthcare in Qatar. Journal of Diabetes Investigations | Mashhood Siddiqui, Hamad Al-muhannadi, Ioannis Petropoulos, Adnan Khan, Khaled AE Ashawesh, Khaled MO Dukhan, Ziyad R Mahfoud, Christopher Murgatroyd, Mark Slevin, Rayaz A Malik |
| P09 | Expert Review and Recommendations for the Management of Acute, Chronic, and Neuropathic Pain in Qatar. Qatar Medical Journal | Elmoheen A, Nazal AF, Zubaidi O, Siddiqui UA, Alhatou M. |
| P10 | MAPS: A Semi-systematic Review of Patient Journey for Chronic Pain in Saudi Arabia to Improve Patient Care. Saudi Journal of Medicine | Sami M Bahlas, Ziad El Chami, Ashraf A Amir, Said Khader, Mahmoud Bakir, Shams Arifeen |
| P11 | Management of neuropathic pain in patients with diabetic peripheral neuropathy and low back pain in Saudi Arabia: Evidence and gaps. Journal of Family & Community Medicine | Amir AA, Khader SA, El Chami Z, Bahlas SM, Bakir M, Arifeen S. |
| P12 | Management of chronic and neuropathic pain—journey mapping in Egypt. Egyptian Rheumatology and Rehabilitation | Sherif Ahmed Radwan Khaled, Nasef Mohamed Nasef, Shams Arifeen, Mina Youssef, Sameh Nessim & Mehmet Cüneyt Yazicioğlu |
| Non-com | municable Diseases | |
| P13 | A Case Study on Addressing Nurses' Practice Gaps in DPN and HTN Diagnoses in the Gulf Region. Middle East Journal of Family Medicine | Amar Salti, Ashraf Al Amir, Tawfik Albassam Said Khader, Donna Lanuzo, Najla Sindi, Mahmoud Bakir, Lubna El-Najjar, Urooj Siddiqui |
| P14 | Review of National Healthcare Systems in the Gulf Cooperation Council Countries for Noncommunicable Diseases Management. Oman Medical Journal | Fadhil I, Ali R, Al-Raisi SS, Bin Belaila BA, Galadari S, Javed A, Sulaiman K, Saeed K, Arifeen S. |
| P15 | Mapping Actionable Gaps in Patient Journey for Depression in the United Arab Emirates: A Strategic Framework. New Emirates Medical Journal | Samer Makhoul, Osama Ali, Nahida Nayaz Ahmed, Urooj Siddiqui and Amina Cherchali |
| Psychiati | у | |
| P16 | Improving mental health outcomes in patients with major depressive disorder in the Gulf States: Role of electronic enablers in monitoring residual symptoms. Journal of Multidisciplinary Healthcare | Ahmed NN, Reagu S, Alkhoori S, Cherchali A, Purushottamahanti P, Siddiqui U. |
| P17 | Effect of venlafaxine on anhedonia and amotivation in patients with major depressive disorder. CNS Spectrums | McIntyre RS, Agid O, Biesheuvel E, Purushottamahanti P. |
| P18 | Moving from serotonin to serotonin-norepinephrine enhancement with increasing venlafaxine dose: clinical implications and strategies for a successful outcome in major depressive disorder. Expert Opinion on Pharmacotherapy | Fagiolini A, Cardoner N, Pirildar S, Ittsakul P, Ng B, Duailibi K, El Hindy N. |
| Respirato | ory | |
| P19 | Prevalence and Management of COPD in the Gulf Countries with a Focus on Inhaled Pharmacotherapy. Journal of Aerosol Medicine and Pulmonary Drug Delivery | Tashkin DP, Barjaktarevic I, Gomez-Seco J, Behbehani NH, Koltun A, Siddiqui UA. |
| P20 | Adrenaline auto injectors pharmacokinetic/pharmacodynamic studies and potential consequences for clinical practice. Clinical and Translational Allergy | Worm M, Fox AT, Wickman M, Ring J, Ebisawa M, Pouessel G, Smith P. |



Urology

Moazin MS, Baazeem A, Al-Bakri A, Dayel AA, Amir A, Sifri SA, Reda M, Bashraheel F, Alfakhri A, Hamdy Y, Elshaer F.

Shaw A, Lawrence TE, Yan T, Liu M, Summers N, Daggumati V, Austria ST, Rondon JC, Hackley S, Vignesh SO, Hassan TA.

Phosphodiesterase type 5 inhibitors as treatment for erectile dysfunction: a webinar-based poll unveiling perceptions of healthcare professionals. National Library of Medicine

Bioequivalence Studies of Sildenafil Citrate Orodispersible Film Administered with and without Water vs Viagra® Film-Coated Tablets in Healthy Male Volunteers. Current Therapeutic Research

Exhibition Avenue

Step into the heart of innovation at our Exhibition Avenue, a vibrant space designed to showcase the latest advancements in medical technology and research. Engage with leading healthcare companies, explore cutting-edge solutions, and connect with industry experts as you navigate through a dynamic collection of exhibits that are shaping the future of medicine.





RESEARCH TALKS

Research Talks in
Exhibition Avenue highlights
different subsets of
publications from over
60 national experts,
showcasing their meticulously
explored Real World Evidences,
and burden of relevant diseases
To discover more, visit the Exhibition Avenue.







Cross-industry highlights from, diversed entities representing academia, research, technology, and healthcare service providers that improve patients' outcome.

Explore multi speciality patient journey's, which enrich the experience of disease awareness campaigns, screening, diagnosis, and education of a tailored treatment options to empower healthcare professionals.

To discover more, visit the Exhibition Avenue.

Appreciating official collaborators of Exhibition Avenue 2024

28

HEAL Conference 2024 Endorsing Entities

Leveraging Viatris' collective expertise to connect people to products and services. Viatris' strong legacy of collaboration with industry partners is an effort towards transforming global healthcare.

Educational Endorsing Partners

























Events Endorsing Partners















Exhibition Partners

















Organizing Partners













Notes

| _ |
|---|
| _ |
| |
| _ |
| |
| |











The Information contained in this material and any statements made are provided for education purposes only.

They are of a general nature and do not constitute medical advice or recommendations, diagnostic or therapeutic statement with regard to any individual medical case.

Viatris does not practice medicine. Each healthcare professional should exercise his or her own independent judgment in the diagnosis and treatment of an individual patient.