



HEAL

CONFERENCE 2025

AT THE CROSSROADS OF INNOVATION:
ADVANCING CARDIAC AND MENTAL HEALTH
FOR SUSTAINABLE WELLBEING



Hosted By



10-11
OCT 2025

HYATT REGENCY DUBAI
CREEK HEIGHTS HOTEL,
DUBAI, UAE

FOR HEALTHCARE PROFESSIONALS & AFFILIATED ENTITIES

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FOREWORD



I warmly welcome you to the HEAL Conference 2025, hosted in Dubai.

This year, we unite under a shared vision to tackle the rising burden of cardiovascular and mental health conditions.

Despite progress, these challenges continue to exert immense pressure on patients, families, and healthcare systems. Yet, by working together—researchers, clinicians and industry—we can foster new solutions that deliver real, measurable impact.

Conference features a dynamic agenda of interactive sessions, keynote discussions, and collaborative forums, all designed to accelerate innovation and improve standards of care.

Let us use this platform to strengthen our collective capacity to transform healthcare across the region.



Dr. Adnan Levent

Regional Medical Lead, Middle East,
North Africa & Eurasia, Viatriis



FOREWORD

Welcome to the HEAL Conference 2025.

In its 4th year, the annual Heal Conference 2025 focuses on advancing cardiac and mental health—two areas that are critical to sustainable well-being in our region. Both cardiovascular diseases and mental health disorders present significant challenges, but they also provide opportunities for innovation and collaboration.

Non-communicable diseases (NCDs) now account for about 66% of all deaths in the Eastern Mediterranean Region, and in the GCC they caused over 152,000 deaths and nearly US\$24 billion in economic losses in 2019.¹

In the UAE, NCDs are responsible for nearly 77% of all deaths, with cardiovascular diseases alone accounting for around 40% of mortality.²

The theme, “At the Crossroads of Innovation: Advancing Cardiac and Mental Health for Sustainable Wellbeing”, reflects our objective to integrate cutting-edge science with practical, standardized care approaches.

Your presence ensures that together, we can build a healthier future.

Dr. Urooj Siddiqui

Medical Director, Gulf, Levant, Saudi Arabia & International Trade, Viatris

1. Burden of non-communicable diseases in Health Council of Gulf Cooperation (GCC) countries - PMC
2. High prevalence of cardiometabolic risk factors amongst young adults in the United Arab Emirates: the UAE healthy future study

ABOUT VIATRIS

ViatriS Inc. (NASDAQ: VTRS) is a global healthcare company with a mission to empower people worldwide to live healthier at every stage of life. We provide access at scale, currently supplying high-quality medicines to approximately 1 billion patients around the world annually and touching all of life's moments. With our exceptionally extensive and diverse portfolio of medicines, a one-of-a-kind global supply chain designed to reach more people when and where they need them, and the scientific expertise to address some of the world's most enduring health challenges, access takes on deep meaning at ViatriS. We are headquartered in the U.S. Learn more at viatris.com and investor.viatris.com, and connect with us on LinkedIn, Instagram, YouTube and X (formerly Twitter).

HEAL PHILOSOPHY

Health is the single most important thing for any individual and that in every living being there is a power to heal and stay healthy.

Viatri Medical Affairs aims to be a trusted partner for healthcare communities and to provide innovative solutions that improve patient health. Together, we will make the world healthier through Oneness and Care.

HEAL... is an educational campaign of Viatri Medical Affairs

Together, fuelled by our shared commitment,
we will make the world healthier.



SCAN HERE



CHRONIC DISEASES IN MIDDLE EAST AND NORTH AFRICA COUNTRIES

“ In 2019, 79% of all deaths in the Middle East and North Africa Region were a result of NCDs, which was higher than the world average of 74%. ”



Cardiovascular Disease

The burden of dyslipidaemia (43.3%) in this region is twice as high as that of hypertension (26.2%) and diabetes mellitus (16%).



Cancer

In EMR the prevalence of cancers in both sexes – breast (18.1%), lung (6%), colorectum (7.4%), liver (5.6%).



Mental Health

In EMR the highest prevalence of mental disorders is depressive disorders (14.8%) followed by generalized anxiety disorders (10.4%), PTSD (7.2%) & substance use disorders (4%).



Men's Health

The prevalence of ED is 20–90% among patients with different risk factors and medical comorbidities in Arab region countries.



Diabetes

The MENA region has the highest percentage (24.5%) of diabetes-related deaths in people of working age. Diabetes is responsible for 796,000 deaths in 2021.



Neurology

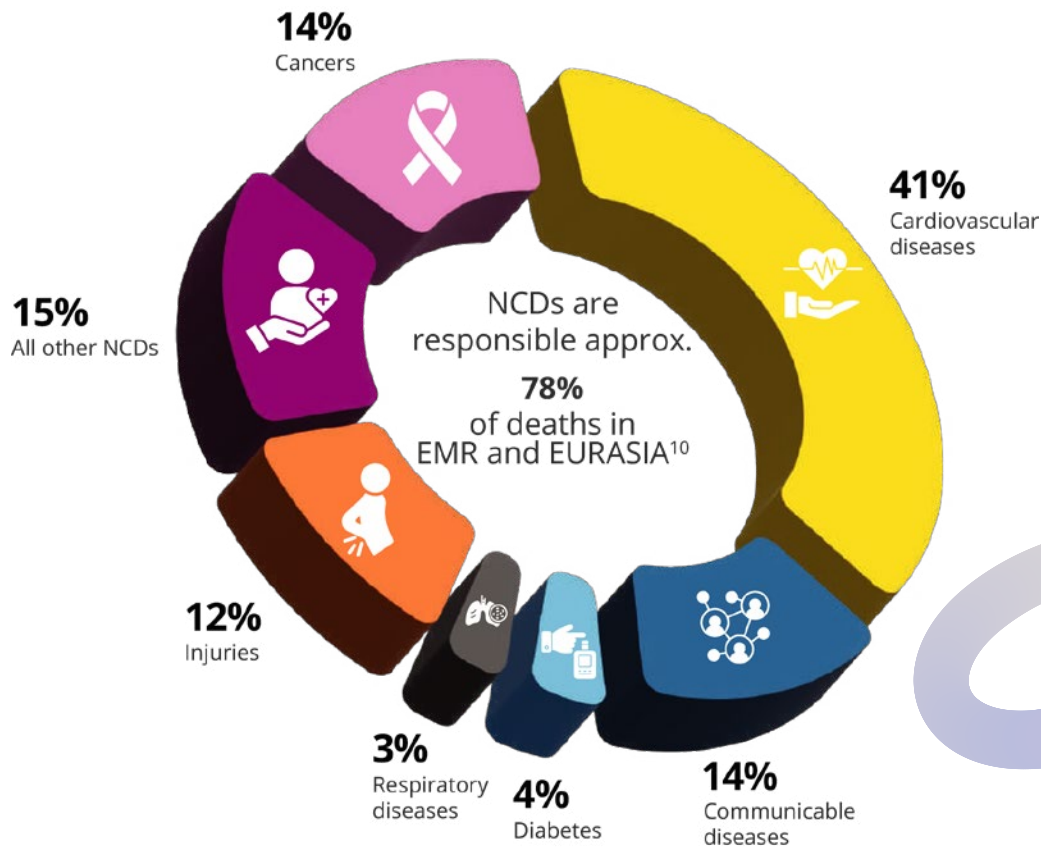
In MENA, males aged 15–84 years old had a higher burden of LBP. In 2019, there were 43.2 million prevalent cases of LBP in the region.



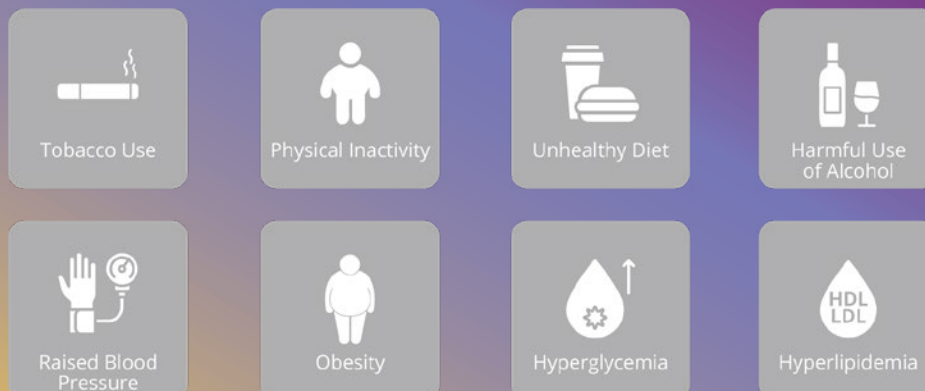
Respiratory Diseases

At a global level, COPD prevalence in 2020, across both males and females, was estimated to be 10.6%, MENA 9.4%, Europe Central Asia 10.3%.

“ Each year, 17 million people die from an NCD before age 70; 86% of these premature deaths occur in low- and middle-income countries. ”



Modifiable Behavioral Risk Factors



<https://emphnet.net/media/Imma035r/policy-brief-addressing-the-burden-of-ncds-in-the-emr.pdf>; Erectile dysfunction in Arab countries. Part I: Prevalence and correlates (tandfonline.com); The burden of low back pain and its association with socio-demographic variables in the Middle East and North Africa region, 1990–2019 - PMC (nih.gov); The Burden of Cardiovascular Disease Risk Factors in the Middle East: A Systematic Review and Meta-Analysis Focusing on Primary Prevention - PubMed (nih.gov); https://gco.iarc.who.int/today/en/dataviz/pie-prevalence?mode=cancer&populations=262_275_364_368_4_400_414_422_434_48_504_512_586_634_682_706_729_760_784_788_818_887&types=2; Frontiers | Prevalence of Mental Disorders in the WHO Eastern Mediterranean Region: A Systematic Review and Meta-Analysis (frontiersin.org); IDF-Atlas-Factsheet-2021_MENA.pdf (diabetesatlas.org); Global Burden of Chronic Obstructive Pulmonary Disease Through 2050 - PubMed (nih.gov); Noncommunicable diseases (who.int); Noncommunicable diseases country profiles 2018 (who.int); Global Action Plan for the Prevention and Control of NCDs 2013–2020 (who.int); Noncommunicable diseases (who.int).

HEAL CONFERENCE

Four Years of Evolution

A Story of Collaboration, Growth, and Impact



2023

Sustainable Digital
Solutions in Patient Journey



44

Faculty Members

6

Therapy Areas

1800+

Attendees Engaged

66

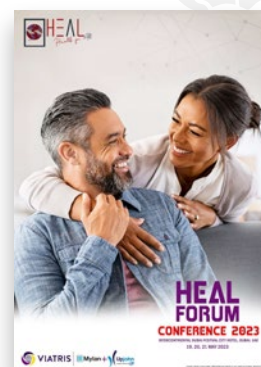
Faculty Members

17

Scientific Events

16,882

Attendees



2022

Beyond the Pill:
Sustainable Solutions



2025

At the Crossroads of Innovation:
Advancing Cardiac and Mental
Health for Sustainable Wellbeing



78
Faculty Members

19
Endorsing Entities

13
Countries Participated



CONNECT.
COLLABORATE.
CARE.

2024

Multidisciplinary Standards of
Guided Clinical Practice



*Every milestone has brought us closer — from our foundation in 2022, expansion in 2023, and global stage in 2024 — now we move forward to **HEAL 2025**, where the journey continues.*

AT THE CROSSROADS OF INNOVATION: ADVANCING CARDIAC AND MENTAL HEALTH FOR SUSTAINABLE WELLBEING

The Global Challenge

- Cardiovascular disease is the leading cause of death worldwide (17.9M deaths/year)¹.
- Depression, anxiety, and stress increase CVD risk and worsen prognosis².
- CVD itself can trigger or amplify mental health conditions, creating a two-way link³.

30%+

of chronic heart failure
patients experience
depression⁴

72%

anxiety prevalence in
heart failure⁴

40%

women <60 show
depressive symptoms
post-MI vs 22% men⁵

12–38%

of cardiac arrest
survivors develop
PTSD⁵



Unmet Need

Care models remain siloed, cardiology and
psychiatry often disconnected³

First ESC Clinical Consensus on Mental Health & CVD (2025)⁵

- Recommends routine mental health screening for cardiac patients.
- Endorses Psycho-Cardio Teams (cardiologists + mental health specialists).
- Introduces ACTIVE framework for integrating mental wellbeing into cardiovascular care.
- Calls for recalibrated risk tools for patients with severe mental illness.

HEAL CONFERENCE 2025 EVENTS

The HEAL Conference 2025 provides health care professionals with an opportunity to engage in transformative discussions under the theme “Advancing Cardiac & Mental Health for Sustainable Wellbeing.”

Attendees—including health care providers and researchers—will connect with key opinion leaders and experts from across the Middle East, fostering meaningful dialogue and collaboration.

The conference will feature 11+ scientific sessions, including keynote lectures, symposia, fireside chats, debates, masterclasses, focused group discussions and training.

Through these interactive formats, HEAL Conference 2025 will explore the multifaceted challenges faced in daily clinical practice, with a strong focus on cardiovascular health and mental wellbeing, while also addressing broader therapeutic perspectives relevant to sustainable health care.



Cardiovascular
Diseases



Psychiatry

Also, the HEAL Exhibition Avenue showcases advancements in healthcare, research development and medical technologies shaping the future of clinical practice.

35+

Faculty
Experts

7

Symposia
Events

3

Focus Group
Events

3

Research
Events

Attendees Onsite

Physicians, Pharmacists, Nurses, Researchers,
Medical & Pharmacy Students, Representatives of
Medical Societies, Relevant Industry Partners



Scan For
Registration



<https://emphnet.net/media/1mma035r/policy-brief-addressing-the-burden-of-ncds-in-the-emr.pdf>; Erectile dysfunction in Arab countries, Part I: Prevalence and correlates (tandfonline.com); The burden of low back pain and its association with socio-demographic variables in the Middle East and North Africa region, 1990–2019 - PMC (nih.gov); The Burden of Cardiovascular Disease Risk Factors in the Middle East: A Systematic Review and Meta-Analysis Focusing on Primary Prevention - PubMed (nih.gov); https://go.iarc.who.int/today/en/dataviz/pie-prevalence?mode=cancer&populations=262_275_364_368_4_400_414_422_434_48_504_512_586_634_682_706_729_760_784_788_818_887&types=2; Frontiers | Prevalence of Mental Disorders in the WHO Eastern Mediterranean Region: A Systematic Review and Meta-Analysis (frontiersin.org); IDF-Atlas-Factsheet-2021_MENA.pdf (diabetesatlas.org); Global Burden of Chronic Obstructive Pulmonary Disease Through 2050 - PubMed (nih.gov); Noncommunicable diseases (who.int); Noncommunicable diseases country profiles 2018 (who.int); Global Action Plan for the Prevention and Control of NCDs 2013–2020 (who.int); Noncommunicable diseases (who.int).

Focus Group Event
 Symposia Event
 Research Event

FRIDAY 10th OCTOBER



U.A.E
Exclusive Invitation
Loft 1 Meeting Room

9:30 AM - 12:30 PM

U.A.E
Exclusive Invitation
Loft 2 Meeting Room

9:30 AM - 12:30 PM

LUNCH



Conference Registration

Plenary

Breakthrough Keynote Session
15.30 – 18.15
Ballrooms A&B

HEAL Exhibition Avenue Visit 18:15 – 19:00

CALENDAR

HEAL Conference 2025 evolves as a dynamic educational movement, uniting healthcare professionals and thought leaders from the MENA and Eurasia regions. This year's program goes beyond traditional boundaries, examining the continuum of care—from prevention and early detection to evidence-based decision-making—through the lens of our theme: "At the Crossroads of Innovation: Advancing Cardiac & Mental Health for Sustainable Wellbeing."

SATURDAY 11th OCTOBER

Symposium

Mental Health
9:30 - 11:00
Ballroom A

Symposium

Cardiovascular
9:30 - 11:00
Ballroom B

UAE
Exclusive Invitation
Clinical Research
Training

Meeting Room 1

HEAL Exhibition Avenue Visit 11:00 - 11:30

Symposium

Mental Health
11:30 - 01:30
Ballroom A

Symposium

Cardiovascular
11:30 - 01:30
Ballroom B

UAE
Exclusive Invitation
Clinical Research
Training

Meeting Room 1

LUNCH

Symposium

Mental Health
02:30 - 05:00
Ballroom A

Symposium

Cardiovascular
02:30 - 05:00
Ballroom B

U.A.E

Exclusive Invitation

07:00 PM- 09:00 PM



Viatis Hosted Events
Timezone: UAE Standard Time (UTC +4 HRS)
For detailed agendas refer to following pages of the catalogue.

EXHIBITION AVENUE

Navigating the Future of Healthcare Together

Step into a space where knowledge meets innovation. This year's Exhibition Avenue brings together esteemed industry partners, leading institutes, academic bodies, and research centers, united in a shared mission to advance healthcare through education and science. Explore how we are shaping the future of medical practice by strengthening research collaborations, fostering continuous learning, and delivering transformative educational programs for healthcare professionals. Experience a journey through initiatives that bridge research, education, and clinical excellence, empowering today's practitioners to build a healthier tomorrow.



Explore multi speciality patient journey's, which enrich the experience of disease awareness campaigns, screening, diagnosis, and education of a tailored treatment options to empower healthcare professionals.

To discover more, visit the Exhibition Avenue.

Appreciating official collaborators of Exhibition Avenue 2025

**RE
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Research
Exhibition
different
publicat
60 nation
showcas
explored
and bur

To discover n



THE
CANARY
IN THE
COALMINE

VIATRIS
CONNECT Medical

VIATRIS
Medical Information

Cross-industry highlights from, diversified entities
representing academia, research, technology, and healthcare
service providers that improve patients' outcome.
To discover more, visit the Exhibition Avenue.

PARTNERS EXHIBITS

**VIATRIS
RESEARCH
TALKS**

h Talks in
on Avenue highlights
t subsets of
ions from over
onal experts,
sing their meticulously
d Real World Evidences,
den of relevant diseases
ore, visit the Exhibition Avenue.

**VIATRIS
RESEARCH
TALKS**



At the crossroads of innovation: Advancing cardiac and mental health for sustainable wellbeing

This plenary session brings together leading voices from across the region to lead a high-level discussion on the key forces shaping healthcare over the next five years — technology, regulatory shifts, sustainable models, patient empowerment, and cross-sector collaboration. Panelists from academia, health authorities, investors, and industry will explore how the region can not just adopt but lead global innovation.




Target Specialties

All Specialists, Allied Health Professionals, Emergency Care Providers, Health Economists, Nurses, Pharmacists, Primary Care Providers, Public Health Providers, Researchers, Therapists, and Industry Partners



Friday, 10 October 2025 | **3:30 PM - 6:30 PM** | **Ballroom A & B** | **Hyatt Regency Dubai Creek Heights Hotel, Dubai, U.A.E**



15:30	Step Up	Dr. Adnan Levent Regional Medical Lead - METL+NARUCIS	
15:35	Opening & Welcome Remarks	Ayman Mokhtar Regional President, Middle East North Africa & Eurasia, Viatrix	
15:45	Keynote Message	Prof. David Melcher Professor of Psychology, Faculty of Arts and Science; Theme Director, Center for Brain and Health, NYU Abu Dhabi	

Breakthrough Keynote Session

Panel 1 From Evidence to Impact: Shaping Healthcare Through Research and Discovery [Two rounds of questions]				
16:00				
	Emirates Health Services Dr. Kareema Al Raesi Director of Primary Healthcare	New York University Abu Dhabi Prof. Abdishakur Abdulle Associate Research Professor; Associate Director, Public Health Research Center, New York University Abu Dhabi	Emirates Genetic Diseases Society HE Dr. Maryam Matar President and founder of Emirates Genetic Diseases Society	Viatrix Dr. Shekhar Potkar Head of Global Innovation Medical & Medical Affairs JANZ EM
				Moderator Dr. Ashraf Abdul Qayoum Amir Consultant Family Medicine
Panel 2 Two Vital Paths: Breakthroughs in Cardiovascular and Mental Health (Two rounds of questions)				
16:55				
	Emirates Cardiac Society Prof. Abdullah Shehab Professor of Cardiology; Vice President, Emirates Cardiac Society & Gulf Intervention Society; Editor-in-Chief, NEMJ (UAE)	Clemenceau Medical Center Dr. Fady Turquieh Specialist Interventional Cardiologist	Emirates Health Services Dr. Noor Almheiri Director of Mental Health Department	Al Ain Hospital Dr. Dina Aly El Gabry Consultant Psychiatrist
				Moderator Dr. Ashraf Abdul Qayoum Amir Consultant Family Medicine
17:50	Hot Debate Artificial Intelligence in Healthcare: Embracing or Replacing Professionals!			
18:30	Executive Booth Walk: HEAL Exhibition Avenue			



At the crossroads of innovation: Advancing cardiac and mental health for sustainable wellbeing





Mental Health Care Forum

The session brings together leading mental health experts, multidisciplinary clinicians, and primary care to address comprehensive mental well-being in the GCC. It emphasizes early detection, recovery-focused care, and collaborative management. Key topics include depression, anxiety, women's mental health, and child and adolescent psychiatry, highlighting both pharmacological and psychosocial strategies. The focus is on practical, clinically relevant approaches, integrated care, and actionable insights to improve patient outcomes and reduce stigma.






Target Specialties

All Specialists, Allied Health Professionals, Emergency Care Providers, Health Economists, Nurses, Pharmacists, Primary Care Providers, Public Health Providers, Researchers, Therapists, and Industry Partners

			
Saturday, 11 October 2025	09:30 AM - 05:00 PM	Ballroom A	Hyatt Regency Dubai Creek Heights Hotel, Dubai, U.A.E



9:30	Opening			
9:40	Panel Transforming Mental Health Care: Achievements, Challenges, and Strategic Pathways Ahead	Moderator Dr. Ashraf Abdul Qayoum Amir Consultant Family Medicine		
	Moderated session Panelists	 Dr. Nahida Nayaz Ahmed Chief Medical Officer Sakina Mental Health & Well-being services, Abu Dhabi, UAE.	 Prof. David Melcher Professor of Psychology, Faculty of Arts and Science, NYU Abu Dhabi. Theme Director, Center for Brain and Health, NYU Abu Dhabi.	 Dr. Ali Al Garatli Consultant Psychiatrist, Head section department of psychiatry at King Fahd Medical City, Riyadh, Saudi Arabia.
10:30	Future Medicines and Science for mental well being	HE Dr. Maryam Matar Founder & Chairperson, UAE Genetic Diseases Association (UAE GDA)		
11:00	BOOTH WALK & BREAK			
11:30	Viatis	Viatis Medical Affairs		
11:45	Strategic use of digital enablers in detecting depression and anxiety	Dr. Nahida Nayaz Ahmed Chief Medical Officer Sakina Mental Health & Well-being services, Abu Dhabi, UAE		
12:15	Depression, anxiety and chronic diseases: breaking the cycle of comorbidity	Dr. Tarek Shahrour Consultant Psychiatrist, Clinical Lead - Psychiatry Services at American center of Psychiatry & Neurology (ACPN), Abu Dhabi, UAE.		
12:45	Recovery focused approaches to anhedonia and amotivation in managing depression	Dr. Joseph El-Khoury Consultant Psychiatrist, CEO & Medical Director, The Valens Clinic, Dubai, UAE.		
13:15	Q and A			



At the crossroads of innovation: Advancing cardiac and mental health for sustainable wellbeing

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Saturday, 11 October 2025	09:30 AM - 05:00 PM	Ballroom A	Hyatt Regency Dubai Creek Heights Hotel, Dubai, U.A.E

13:30	LUNCH BREAK		
	Moderator	Dr. Tarek Shahrouh Consultant Psychiatrist, Clinical Lead - Psychiatry Services at American center of Psychiatry & Neurology (ACPN), Abu Dhabi, UAE	
14:30	Hot debate The digital world and young minds: catalyst for growth or risk to mental health?	Dr. Dina Aly El-Gabry Consultant Psychiatrist, Assistant Professor of Psychiatry College of Medicine and Health Sciences, (UAEU) Dr. Joseph El-Khoury Consultant Psychiatrist, CEO & Medical Director, The Valens Clinic, Dubai, UAE	 
15:00	GAD, what every clinician should know!	Dr. Ali Al Garatli Consultant Psychiatrist, Head section department of psychiatry at King Fahd Medical City, Riyadh, Saudi Arabia	
15:30	Women's mental health: hormonal, psychosocial, and medical management	Dr. Dina Aly El-Gabry Consultant Psychiatrist, Assistant Professor of Psychiatry College of Medicine and Health Sciences, (UAEU)	
16:00	The HEAL Study: Targeting Mental Health via Mitochondrial and Metabolic Pathways	Natascha Enriquez PhD Candidate, MSc in Psychological Medicine and Mental Health (NYUAD), Human Movement Sciences, Vrije Universiteit Amsterdam.	
16:30	Q and A Closing		



At the crossroads of innovation: Advancing cardiac and mental health for sustainable wellbeing

"Hyperlipidemia, Hypertension, and Heart Failure (H3) – Redefining Cardiovascular Care for Every Patient"

The H3 program aims to deliver real world collaborative clinical practice that transcends traditional way of learning. By integrating scientific presentations, fireside chats, and structured debates across the three critical pillars of Cardiovascular Care, the discussions will foster multidisciplinary guided knowledge exchange.

Target Specialties

All Specialists, Allied Health Professionals, Emergency Care Providers, Health Economists, Nurses, Pharmacists, Primary Care Providers, Public Health Providers, Researchers, Therapists, and Industry Partners

			
Saturday, 11 October 2025	09:30 AM - 05:00 PM	Ballroom B	Hyatt Regency Dubai Creek Heights Hotel, Dubai, U.A.E



9:30	Welcome Note: The Continuum Of Cardiovascular Disease: Challenges And Opportunities Ahead	Dr Osman Zubaidi Sn. Medical Manager	
H1	HYPERLIPIDEMIA SESSION		
9:35	Opening Keynote H3 – Redefining the Future of Cardiovascular Care	Dr. Omar Hallak Consultant of Interventional Cardiology, King's College Hospital London & Clinical Professor at Mohammad Bin Rashid University, Dubai, UAE	
9:45	Presentation: Personalizing Lipid Management: How Far Have We Come?	Dr. Ali Aldibbiat Consultant in Diabetes and Endocrinology and Associate Professor of Endocrinology Mediclinic City Hospital, Dubai, UAE	
10:05	Presentation: Best of ESC 2025: Updated ESC Dyslipidemia Guidelines 2025: Precision Strategies for High-Risk Patients	Dr. Adam Mather Consultant Interventional Cardiologist & Adjunct Associate Professor of Cardiology Mediclinic City Hospital, Dubai Healthcare City	
10:25	Hot Debate: Should Statins Be the Default First-Line in 2025?	Dr. Adam Mather Consultant Cardiologist Dr. Ali Aldibbiat Consultant in Diabetes and Endocrinology	Moderated by Dr. Omar Hallak  
10:45	MA presentation	Viatrix GCC Medical Affairs	
11:00	BOOTH WALK & BREAK		
H2	HYPERTENSION SESSION		
11:30	Presentation: BP Variability: The Silent Signal We Miss	Prof. Samer Ellahham Professor of Cardiology, Consultant Cardiologist, UAE	
11:50	Meet the Experts: Managing Hypertension in the Real World: Voices from the Clinic	Prof. Abdullah Shehab Professor of Cardiovascular Medicine UAE University, Vice-President Emirates Cardiac Society, Chair of Hypertension working group ECS, UAE Dr. Bader Al Mustafa Sr. Consultant of Family Medicine & Primary Care, Clinical Specialist of Hypertension & Cardiometabolic Medicine, Saudi MoH, Secretary General, World Hypertension League (WHL), Chair, Scientific Committee, Saudi Hypertension Society	Moderated by Dr. Omar Hallak  
12:10	Hot Debate: Monotherapy vs. Early Combination: What's Right for Stage 1 Hypertension?	Dr. Omar Hallak Consultant of Interventional Cardiology, King's College Hospital London & Clinical Professor at Mohammad Bin Rashid University, Dubai, UAE Dr. Bader Al Mustafa Sr. Consultant of Family Medicine & Primary Care, Clinical Specialist of Hypertension & Cardiometabolic Medicine, Saudi MoH, Secretary General, World Hypertension League (WHL), Chair, Scientific Committee, Saudi Hypertension Society	Moderated by Prof. Abdullah Shehab  
12:35	Panel Q&A: Hypertension Unplugged: Panel & Clinical Discussion	All Experts	



10-11
OCT 2025

HYATT REGENCY DUBAI
CREEK HEIGHTS HOTEL,
DUBAI, UAE

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Saturday, 11 October 2025	09:30 AM - 05:00 PM	Ballroom B	Hyatt Regency Dubai Creek Heights Hotel, Dubai, U.A.E

13:00	LUNCH BREAK		
H3	HEART FAILURE SESSION		
14:30	Presentation: The Multisystem Puzzle: HF in Diabetes and CKD	Dr. Hani Sabbour Consultant Cardiologist and Electrophysiologist, Mediclinic Middle East, Abu Dhabi, UAE	
15:00	Hot Debate: From Guidelines to Bedside: Are We Truly Delivering GDMT to Every Heart Failure Patient?	Dr. Hani Sabbour Consultant Cardiologist and Electrophysiologist, Mediclinic Middle East, Abu Dhabi, UAE Dr. Syed Gardezi Consultant Cardiologist, Sheikh Shakhboub Medical City (SSMC), Adjunct Clinical Associate Professor in Cardiology Gulf Medical University, UAE	
15:30	Fire chat: Building a Collaborative HF Care Model: How Can We Do Better?	Dr. Feras Bader Professor of Medicine and Cardiology Advanced Heart Failure and Transplantation, UAE Dr. Nadya AlMatrooshi Consultant Cardiologist, Advanced Heart Failure and Transplant, Cleveland Clinic Abu Dhabi (CCAD), Chair of Heart Failure working group ECS, UAE	
16:00	BREAK		
16:15	Interactive Grand Round: HF Clinic: Case-Based Learning	Dr. Feras Bader Professor of Medicine and Cardiology Advanced Heart Failure and Transplantation, UAE Dr. Nadya AlMatrooshi Consultant Cardiologist, Advanced Heart Failure and Transplant, Cleveland Clinic Abu Dhabi (CCAD), Chair of Heart Failure working group ECS, UAE	
16:45	Closing Panel & Key Takeaways: The H3 Integration Challenge: What Will You Do Differently on Monday?	3 experts 1 expert from each session	
17:00	Wrap-up & Adjourn		



HEAL CONFERENCE 2025

ENDORISING ENTITIES

Harnessing Viatrix' collective expertise to link people with essential products and services, the company's long-standing partnerships across the industry drive its mission to advance and transform global healthcare.

CONFERENCE PARTNERS



EXHIBITION PARTNER



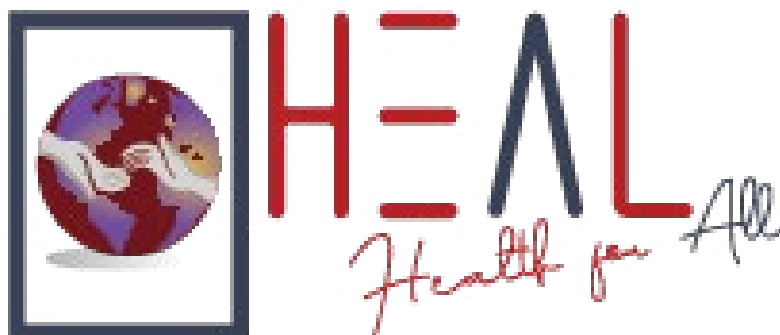
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ARAB RESUSCITATION COUNCIL®



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HEAL
CONFERENCE 2025

10-11
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